

Smoothies

Rising Sun	\$4.80 sm \$6.25 lg
Tropical Paradise	\$4.80 sm \$6.25 lg
Strawberry Heaven	\$4.80 sm \$6.25 lg
Citrus Detox	\$4.80 sm \$6.25 lg

Desserts

Cobblers and Puddings	\$3.50 sm \$5.00 lg
Jumbo Cookies,	\$2.75
Donut	\$1.50
Vegan Express	\$5.00
Ice Cream	\$5.00
Zoe's Vegan Desserts	\$5.00

Drinks

Juices and Teas	\$2.00
Ben Ash Sea Moss	\$4.00
Ben Ash Roots Drinks	\$6.50
O Water, Renewal	\$2.00 sm \$3.00 lg
Zico Coconut Water,	\$3.00
Royal Ginger Drinks	\$4.00
Alkaline Water	\$4.00 (\$3.00 if you buy two or more)
Bottled Water (Alkaline)	\$2.00

PRICE LIST

*ALL PRICES SUBJECT TO CHANGE

HOURS:

Monday-Saturday 10 a.m. — 9 p.m.
Sunday 10 a.m. — 7 p.m.

Everlasting Life
RESTAURANT & LOUNGE

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MENU

100% VEGAN

(No Dairy, No Animal Bi-Products)
All Natural & Earth Friendly

*ALL MENU ITEMS SUBJECT TO CHANGE WITHOUT PRIOR NOTICE, PLEASE CALL US TO CONFIRM MENU OF THE DAY

9185 Central Ave. Capitol Heights, MD 20743
(301) 324-6900 | www.everlastinglife.net

HOT BAR MENU

*ALL ITEMS SUBJECT TO CHANGE

SUNDAY

BRUNCH	Scrambled Tofu, Vegan Sausage, Grits, Pancakes, Waffles, Steamed Broccoli, Biscuits, Home Fries
ENTREES	Vegan Steak w/ Gravy, Vegetable Lasagna, Maple Curry Drumsticks and Macaroni & Cheese
SIDES	String Beans, Collard Greens, Steamed Rice, & Beans

MONDAY

ENTREES	Southern Fried Steak, BBQ Drumsticks and Macaroni & Cheese
SIDES	Sweet Potatoes, Vegetable Medley, Steamed Rice, Collard Greens and Kale Greens and Beans

TUESDAY

ENTREES	Eggplant Parmesan, Vegan Orange Chicken, Macaroni & Cheese
SIDES	Collard Greens, Steamed Rice, Brussel Sprouts, Lentils, and Soup of the Day

WEDNESDAY

ENTREES	CHEF'S CHOICE
SIDES	CHEF'S CHOICE

THURSDAY

ENTREES	Vegan Roast and Gravy, General Tso's Tofu, Teriyaki Drumsticks and Macaroni and Cheese
SIDES	Kale Greens, Mashed Potatoes, Sautéed Squash, Beans, Steamed Rice and Soup of the Day

FRIDAY

ENTREES	Stir-Fry Pasta, Eggplant Parmesan, Maple Curry Drumsticks and Macaroni & Cheese
SIDES	Spinach, Collard Greens, Sweet Potatoes, Ratatouille, Steamed Rice, Beans and Soup of the Day

SATURDAY

ENTREES	Chef's Choice, BBQ Tofu, Spaghetti Casserole and Macaroni & Cheese
SIDES	Collard Greens, Broccoli, Roasted Carrots and Potatoes, Steamed Rice, Beans, and Soup of the Day

*Please check online for Wednesday Menu

COLD BAR MENU

*ALL ITEMS SUBJECT TO CHANGE

GARLIC KALE SALAD	Fresh, raw kale marinated in a spicy garlic sauce! Our Best Seller!
MOCK CHICKEN SALAD	Award winning tofu-based mock chicken salad is an all-time favorite!
MACARONI TVP SALAD	Macaroni and texturized vegetable protein with soy mayo seasoned to perfection.
POTATO SALAD	Just like your momma used to make it (we only use soy mayo).
MUNG BEAN SALAD	Mung bean noodles tossed with a sesame dressing that will keep you coming back for more.
SEAWEED SALAD	Wakame seaweed and salsa packed with super nutrition from the sea.
COLESLAW SALAD	Our special twist on an all time favorite. Bring on the BBQ!
BEAN CURD SALAD	Tender tofu "skins" accompanied by sweet bell peppers. We can't make it fast enough!
COUSCOUS SALAD	East African favorite with carrots, tomatoes, and plump raisins.
CUCUMBER TOMATO SALAD	Simple never tasted so good.
SPINACH QUICHE SALAD	Our Chef's Favorite! Tofu-based dish with soy mayo accompanied by spinach.
SPICY TOFU SALAD	Manager's Favorite! If you like spicy dishes, this is your top choice!
CARROT SUPREME SALAD	Naturally sweet carrot pulp dripping with goodness.
GREEN BEAN SALAD	Crispy raw greens paired with soy protein and packed with flavor.
PARSLEY SALAD	Refreshing parsley, shredded cabbage, and spices sure to renew the palette.
CURRIED VEGETABLE SALAD	A cornucopia of raw vegetables with a hint of curry goodness. Our premiere raw energy food!

PRICE LIST

*ALL ITEMS SUBJECT TO CHANGE

Hot Bar

Entrée and 1 Side	\$8.75
Entrée and 2 Sides	\$11.00
2 Side Plate	\$5.50
3 Side Plate	\$8.50
Entree	\$4.25 sm \$6.25 lg
Sides	\$3.25 sm \$5.25 lg
Soup of the Day	\$3.75 sm \$5.50 lg

Cold Bar

2 Side Plate	\$7.00
3 Side Plate	\$10.05
4 Side Plate	\$11.75
Sides	\$4.00 sm \$6.20 lg
Garden Salad	\$1.75 sm \$3.00 med \$4.75 lg

Extras

Vegan Wraps	\$3.75 Half \$6.50 Regular
Corn Bread	\$2.00
Dinner Rolls	\$1.00
Sandwich	\$5.50
Salad Dressings	\$7.00
Popcorn	\$2.50

Price List continued on other side...